

## **BASIC FIRST-AID KITS**

Medical supplies should be tailored to meet the individual needs of your family. The following list may be helpful in preparing your "Basic Family First-Aid Kit":

First-Aid Handbook

Antiseptic Solution

Adhesive Tape, 2" Wide Roll

Triangular Bandages

Eye Dressing

Gauze Squares, Sterilized,  
Assorted Sizes

Roller Gauze, Assorted Sizes

Plain Absorbent Gauze Pads,  
Assorted Sizes

Splints, Wooden 18" Long

Wooden Applicator Sticks and Tongue  
Blades  
Cleansing Agent-Soap

Scissors

Tweezers

Thermometer (Oral/Rectal)

Can of Plastic Bandages, Assorted Sizes

Safety Pins, Assorted Sizes

Rubbing Alcohol

Eye Wash

Cotton, Sterile

Petroleum Jelly

Medicine Dropper

Baking Soda

Cotton Tipped Swabs

Aspirin/Non-Aspirin Tablets

Diarrhea Medication  
Laxative

Pocket Knife

Tissues

Smelling Salts

Sanitary Napkins

Specific Medication recommended by your  
physician